



# February 2026

RSVPs are to be sent to [info@skyonbowen.ca](mailto:info@skyonbowen.ca)  
current calendar at <https://skyonbowen.ca>

\*\*\* Activities may need to be cancelled on short notice so check our  
We encourage ride sharing



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>9-9:45</b> @ B-Crt Stretch w/Catherine <b>9:30-12 REACH for SKY</b> <b>1:30-3</b> EGM	3 <b>10-11</b> @B-Crt Music Moves with Marc	4 <b>10:30</b> WALK Meet @Catholic Church <b>NOON</b> Social Lunch@ Artisan Eats	5 <b>10:30 - 11:30</b> Yoga @ Flex Rm, Comm Ctre	6 <b>10:30</b> WALK Meet @ Killarney Lake Picnic Area <b>1-3</b> @ Cottage Stitches	7 <b>1-3</b> Mahjong @ Cottage RSVP
8	9 <b>9-9:45</b> @ B-Crt Stretch w/Catherine	10 <b>10-11</b> @B-Crt Music Moves with Marc <b>11:30</b> Comm Lunch @ Legion	11 <b>10:30</b> WALK Meet @ Grafton Lake	12 <b>10:30 - 11:30</b> Yoga @ Flex Rm, Comm Ctre	13 <b>10:30</b> WALK Meet @ Gas Station <b>1-3</b> @ Cottage Stitches	14 <b>1-3</b> Mahjong @ Cottage RSVP
15	16 <b>9-9:45</b> @ B-Crt Stretch w/Catherine	17 <b>10-11</b> @B-Crt Music Moves with Marc	18 <b>10:30</b> WALK Meet @ Catholic Church	19 <b>10:30 - 11:30</b> Yoga @ Flex Rm, Comm Ctre <b>9:40</b> Trek to VAG. Meet @Dock	20 <b>10:30</b> WALK Meet @ Headwaters Park, Cowan Pt Rd <b>1-3</b> @ Cottage Stitches	21 <b>1-3</b> Mahjong @ Cottage RSVP
22	23 <b>9-9:45</b> @ B-Crt Stretch w/Catherine	24 <b>10-11</b> @B-Crt Music Moves with Marc <b>11:30</b> Comm Lunch @ Legion	25 <b>10:30</b> WALK Meet @ Killarney Lake	26 <b>10:30 - 11:30</b> Yoga @ Flex Rm, Comm Ctre	27 <b>10:30</b> WALK Meet @ Golf Course <b>1-3</b> @ Cottage Stitches	28 <b>9:30-12</b> Fit Guys Present <b>1-3</b> Mahjong @ Cottage RSVP
1	2 <b>9-9:45</b> @ B-Crt Stretch w/Catherine <b>9:30-12 REACH Lunch</b> <b>1:30-4:30</b> Workshop	3 <b>10-11</b> @B-Crt Music Moves with Marc	4 <b>10:30</b> WALK Meet @ Catholic Church	5 <b>10:30 - 11:30</b> Yoga @ Flex Rm, Comm Ctre	6 <b>10:30</b> WALK Meet @ Grafton Lake <b>1-3</b> @ Cottage Stitches	7 <b>1-3</b> Mahjong @ Cottage RSVP