



February 2026

RSVPs are to be sent to info@skyonbowen.ca
current calendar at <https://skyonbowen.ca>

*** Activities may need to be cancelled on short notice so check our

We encourage ride sharing



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9-9:45 @ B-Crt Stretch w/Catherine 9:30-12 REACH for SKY 1:30-3 EGM	3 10-11 @B-Crt Music Moves with Marc	4 10:30 WALK Meet @Catholic Church NOON Social Lunch@ Artisan Eats	5 10:30 - 11:30 Yoga @ Flex Rm, Comm Ctre	6 10:30 WALK Meet @ Killarney Lake Picnic Area 1-3 @ Cottage Stitches	7 1-3 Mahjong @ Cottage RSVP
8	9 9-9:45 @ B-Crt Stretch w/Catherine	10 10-11 @B-Crt Music Moves with Marc 11:30 Comm Lunch @ Legion	11 10:30 WALK Meet @ Grafton Lake	12 10:30 - 11:30 Yoga @ Flex Rm, Comm Ctre	13 10:30 WALK Meet @ Gas Station 1-3 @ Cottage Stitches	14 1-3 Mahjong @ Cottage RSVP
15	16 9-9:45 @ B-Crt Stretch w/Catherine	17 10-11 @B-Crt Music Moves with Marc	18 10:30 WALK Meet @ Catholic Church	19 10:30 - 11:30 Yoga @ Flex Rm, Comm Ctre 9:40 Trek to VAG. Meet @Dock	20 10:30 WALK Meet @ Headwaters Park, Cowan Pt Rd 1-3 @ Cottage Stitches	21 1-3 Mahjong @ Cottage RSVP
22	23 9-9:45 @ B-Crt Stretch w/Catherine	24 10-11 @B-Crt Music Moves with Marc 11:30 Comm Lunch @ Legion	25 10:30 WALK Meet @ Killarney Lake	26 10:30 - 11:30 Yoga @ Flex Rm, Comm Ctre	27 10:30 WALK Meet @ Golf Course 1-3 @ Cottage Stitches	28 9:30-12 Fit Guys Present 1-3 Mahjong @ Cottage RSVP
1	2 9-9:45 @ B-Crt Stretch w/Catherine 9:30-12 REACH Lunch 1:30-4:30 Workshop	3 10-11 @B-Crt Music Moves with Marc	4 10:30 WALK Meet @ Catholic Church	5 10:30 - 11:30 Yoga @ Flex Rm, Comm Ctre	6 10:30 WALK Meet @ Grafton Lake 1-3 @ Cottage Stitches	7 1-3 Mahjong @ Cottage RSVP