



December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 9-9:45 @ B-Crt Stretch w/Catherine 10-NOON Sky Reach Dementia@ Comm Ctre NOON-3 Reach, Part 2	2 10-11 @B-Crt Music Moves with Marc	3 10:30 WALK Meet @Bowfest Field 2:45 @ Ferry Sky Trek Xmas Lights @ VanDusen	4 10 - 11 Yoga w/ Diana Flex Room, Comm Ctre	5 10:30 WALK Meet @ Killarney Lake Picnic Area 1-3 @ Cottage Stitches	6 1-3 Mahjong @ Cottage RSVP
7	8 9-9:45 @ B-Crt Stretch w/Catherine	9 10-11 @B-Crt Music Moves with Marc NOON Community Xmas Lunch @Legion - <i>Book ahead</i>	10 10:30 WALK Meet @ Catholic Church	11 10 - 11 @B-Crt Yoga w/ Diana	12 10:30 WALK Meet @Golf Course 1-3 @ Cottage Stitches	13 1-3 Mahjong @ Cottage RSVP
14	15 9-9:45 @ B-Crt Stretch w/Catherine	16 NOON SKY Christmas Lunch @Belterra with Marc	17 10:30 WALK Meet @ Grafton Lake	18 10 - 11 @B-Crt Yoga w/ Diana	19 10:30 WALK Meet @ Gas Station	20 1-3 Mahjong @ Cottage RSVP
21	22	23	24	25 CHRISTMAS DAY	26	27 1-3 Mahjong @ Cottage RSVP
28	29	30	31 NEW YEAR'S EVE 10:30 WALK Meet @ Catholic Church	1 RSVPs are to be sent to info@skyonbowen.ca *** Activities may need to be cancelled on short notice so check our current calendar at https://skyonbowen.ca	2	3 1-3 Mahjong @ Cottage RSVP

We encourage ride sharing

